

## FALL, WINTER SPRING PROGRAM CONFIRMATION

The Barton Center for Diabetes Education, Inc.

Space has been reserved for \_\_\_\_\_ in The Barton Center's Barton Gold Rush Camp program on April 11<sup>th</sup> to 13<sup>th</sup>. Registration begins at 6:00 p.m. on Friday, April 11<sup>th</sup> in the Chabot Center Great Room (Health & Education Center at 60 Clara Barton Road). If you cannot arrive at that time, please call our office to discuss arrangements. Families should return to pick up their children between 4:00-5:00 p.m. on Sunday, April 13<sup>th</sup>.

**Please read the following information carefully and return necessary forms to the camp office at least **TWO WEEKS** before the program—mail to The Barton Center, PO Box 356, North Oxford, MA 01537.**

### HEALTH INFORMATION FORM, PHYSICAL EXAM, AND IMMUNIZATIONS

- A Health Information Form must be completed for EACH person who will be attending the program, including those who do not have diabetes and adults. A parent or guardian must complete the form for any child under the age of 18.
- A record of immunization from the individual's health care provider must be submitted for EACH participant.
- A copy of an annual physical exam form completed and signed by your child's physician must be submitted for all children under age 18. Must be completed less than 12 months from your child's last day of camp.
- **NOTE:** If you submitted a fully completed 2024 Summer Resident or Day Camper Application OR a 2024 Health Information Form AND a record of immunization AND a physical exam less than one year from the date the camper will attend a Fall, Winter, Spring program, you do not need to submit a Health Information Form, physical exam, and record of immunization.

### PRIMARY HEALTH CARE PROVIDER APPROVAL FORM

- The primary health care provider approval form must be completed by the camper's medical provider if the physical exam form does not include a statement indicating that the camper is cleared to fully participate in sports and/or camp activities.

### LOOPING WAIVER

- Please complete and return if applicable.

### AUTHORIZATION TO ADMINISTER MEDICATION (MA Department of Public Health Form)

- A separate authorization form must be completed for each medication INCLUDING INSULIN to be administered during the program. Forms are required for children who do not have diabetes if they are to receive any medication during the program. Please make copies as needed for multiple medications and submit to Barton.

### COVID-19 PROTOCOLS and COVID-19 RELEASE (Protocols are subject to change prior to start of program based on CDC/DPH recommendations.) – If you registered online, you do not need to fill out this release.

- Please carefully review the separate COVID-19 Protocols document enclosed with this packet. Parents/guardians must sign the enclosed COVID-19 Release form and submit it back to Barton (if you registered online, you do not need to fill this out).

### PARENT/GUARDIAN CONSENT FORM

- Please complete and sign the form as indicated for hand sanitizer use, covid testing if necessary, and any restrictions. Submit the form back to Barton.

### CURRENT INSULIN PLAN

- Please fill out and **bring the day of the program.**

### ACKNOWLEDGMENT/RELEASE FORM (if you registered online, you do not need to fill this out)

- Parents/guardians must complete the enclosed Acknowledgment and Release form and submit it back to Barton. **EACH person who is attending the program must complete this form.**

### PUBLICITY RELEASE FORM (if you registered online, you do not need to fill this out)

- The publicity release form allows The Barton Center to use your child's photographs in future brochures, promotional materials, and for marketing purposes. This form must be signed and submitted to Barton. EACH family with a member(s) who is attending the program must complete this form.

### AUTHORIZATION TO RELEASE FORM

- The authorization to release form gives The Barton Center instructions on individuals who are/are not allowed to pick up your child from camp.

## **DIABETES SUPPLIES**

- The Barton Center provides insulin, syringes, and blood glucose monitoring supplies, but you should bring these supplies for the trip to and from camp as well as any non-disposable insulin pens (we have prefilled pens and insulin cartridges). Campers who use an insulin pump must bring their own cartridges, infusion sets and spare batteries. Please pack extra infusion sets to account for increased activity levels at camp and the possibility of needing to change infusion sets more often. If a camper uses a CGM, please provide all needed supplies in the event a device change is needed at camp. If supplies are unavailable, The Barton Center will fingerstick glucose monitoring for the remainder of the program.
- Low blood sugar is treated with a fast-acting glucose source. In some circumstances, defined by our Medical Advisory Committee, low-dose glucagon may be administered. *Please do not send any food or candy with your child as this makes it difficult to accurately evaluate diabetes management and creates issues with other campers.* Reaction treatments are available at all times of the day and night.
- Cell phones may be used for diabetes management only, and CGM data may not be shared with anyone outside of camp. Campers caught using phones for purposes other than diabetes management will have their phones confiscated. Although we will do our best to help campers keep track of their various devices, The Barton Center cannot be responsible for lost, drowned, or damaged phones, sensors, transmitters, and other bits of technology.

## **MEALS**

- We will provide all meals and snacks. Carbohydrate counts are provided at each snack and meal, and campers are assisted with dose calculations by camp staff. In addition, vegetarian and gluten-free options will be available as needed. All meals are “kid-friendly” and nutritious. Please let us know in advance if your child has specific food allergies or food sensitivities, and reasonable accommodations will be made.

## **STAFF**

- Fall, Winter, Spring program staff members and volunteers will be leading each program. Many of our volunteers are counselors at our resident summer camps and have diabetes themselves. In addition, at least one RN is present at each program, and a pediatric endocrinologist is on call for the entire program.

## **SHARPS POLICY**

- Blood sugar monitoring and insulin administration are managed or supervised by trained counselors and health care team members.
- Used sharps (lancets, syringes, infusion sets) are disposed of in an approved sharps container under the supervision of staff.
- Only single-use, self-retracting lancets may be used at camp.
- Staff must be 18 years of age to assist in blood sugar checks.
- The camp provides training and personal protection equipment for the prevention of bloodborne pathogen exposure.
- Biohazardous waste is disposed of according to state and federal guidelines.

## **ADDITIONAL INFORMATION**

- Still have questions? Feel free to call the office at (508) 987-2056!