

# **The Barton Center for Diabetes Education, Inc.**

30 Ennis Road, P.O. Box 356 ~ North Oxford, MA 01537 ~ (508) 987-2056

## **Dear Parents and Guardians of New England Adventure Campers,**

The Barton Center is committed to maintaining the health and well-being of your child while he or she is in our care. In order to accomplish that goal, we must have a strong and open two-way communication regarding your child. We know that you want only what is best for your child, and we share that expectation. Our Medical Directors are active participants in the development and implementation of our health care policies.

### **MEDICAL**

The registered nurse or nurse practitioner traveling with the New England Adventure program maintains regular communication with a medical provider who is on-site at either Clara Barton Camp or Camp Joslin. The RN or NP is responsible for collaborating with your child daily to manage his/her diabetes including review of all blood glucose readings and making recommendations for insulin titration. He/she is also responsible for the campers' general health care needs.

The decision to send a child home for medical reasons is at the discretion of the RN or NP on the trip in collaboration with the on-site camp physician.

### **DIABETES MANAGEMENT**

Your child's activity, diet, sleep pattern, and stress level may be much different than usual during the New England Adventure Program. It has been our experience, and it is the opinion of our Medical Directors, that campers attending these programs may require individualized diabetes management plans that differ a great deal from home management. Adventure Campers who are currently using insulin plans that include intermediate-acting insulin (Humulin N, Novolin N, or a pre-mixed formulation containing these preparations) may be asked to change to a long-acting basal insulin (such as Lantus, Basaglar, Levemir, or Tresiba) in combination with rapid-acting bolus insulin for the duration of the program. We strongly encourage campers who have continuous glucose monitors to wear them during these programs, but we do not currently allow devices for sharing real-time data to individuals outside of camp. Cell phones may only be used as CGM receivers, and sim cards will be removed and given to parent(s) at check-in.

If your child is using an insulin pump or CGM that malfunctions, you will be contacted. The consulting on-site medical provider will provide guidelines to the traveling registered nurse or nurse practitioner for managing your child's diabetes with injected insulin if there is an insulin pump malfunction.

### **PARENTAL NOTIFICATION**

If there are any major health or behavioral concerns regarding your child while on the trip, you will be notified.

We hope your child has a wonderful time with us. If you have any questions or concerns, please feel free to contact the staff at The Barton Center at [info@bartoncenter.org](mailto:info@bartoncenter.org) or 508-987-2056, ext. 2000 to be directed to the correct person.