Camp Joslin Impact on Newly Diagnosed Teen  
By Deborah Saper

We would like to share a thank you letter we received last summer to donors from the parent of a newly diagnosed teen. This mom has graciously agreed to share her thoughts.

I want to express my deepest gratitude to those who were so generous in sponsoring my sixteen-year-old son, CJ’s Camp Joslin scholarship. This was not just an opportunity to go to camp; this was a timely and deeply valuable experience that we could not have financed on our own. Your kindness cannot even begin to capture what you offered to my son.

CJ was diagnosed with type 1 diabetes the day after Christmas. We have been through quite the journey these past couple months learning about the disease; managing “numbers” and regulating our fears of the unknown. I think the most challenging element to this new diagnosis has been the feeling of isolation. We did not know anyone with diabetes. CJ did not have any friends or family members challenged with diabetes. Camp made such a tremendous impact on CJ’s “altered identity” and social life. He felt connected again.

During his camp experience he met and developed relationships with people who are walking a shared path. The friendships were expedited due to this shared experience of diabetes, and he is able to join with these peers in such a candid and transparent way. No parent, doctor or friend without diabetes can offer this type of connectedness. During this two week adventure, he had conversations with counselors with lived experience just a bit older than him. They offered him advice about what’s ahead in life. They discussed things he has been thinking about and causing him worry. He actually found people he could really be vulnerable and real with to share in discussions and relieve some of these concerns.

When I picked CJ up from camp, my heart was bursting. He was joyful. He did not want to say goodbye to these new found friends. Hugs, numbers exchanged and last minute comments were just wonderful for a mother to observe after months of heartache and tribulation. Currently, CJ connects with his friends on a daily basis via phone, text, facebook and Instagram. He asks in vivo questions about diabetes constantly! I cannot share with you the relief and comfort I feel as a mother knowing my son has a peer and mentor support system. There is nothing better than to see my son smile and laugh with friends and sometimes it’s about their diabetes.

We have just begun to understand how diabetes will influence our lives. We have had each other to support ourselves during the difficult moments. As a mother I will always be there for my son, but I can’t give him everything. I needed to ask for help for him to attend camp not even realizing all it would offer, and you were there to provide the opportunity. Maybe you knew the gifts you were offering to CJ and to me as well. Your generosity opened up my son’s world to a social network and an entire community presenting him with ongoing education, mentorship, acceptance and friendship.

Thank you. Your sponsorship extended well beyond a two week camp experience. This gift expanded into relationships that will potentially assist my son for years to come.

Each year, nearly 50% of our campers apply for financial assistance from our campership fund. We strive to meet the need and ensure that no child with type 1 diabetes will be turned away from a Barton program because their family cannot afford it. Generous donations from individuals and organizations help make camp a reality for many children. We hope you will consider making a donation to our campership fund. Your help makes a difference in the life of a child!
**Clara Barton Birthplace Museum**

There is a new display at the Clara Barton Birthplace Museum!

Clara Barton spent a decade organizing the American National Red Cross, which was officially incorporated in 1882. Under her leadership, the Red Cross assisted with relief efforts resulting from both natural and manmade disasters and continues to do so today. Last January we contacted hundreds of American Red Cross Chapters asking if they would like to be a part of a new display by sending us a pin from their chapter. The response has been greater than we anticipated; to date, we’ve received 132 pins from across the United States. We hope this display will continue to grow!

Many chapters sent their chapter pin along with an additional pin designed for a specific disaster or celebration. Several included notes that they were proud to represent their area. The Triangle Area of North Carolina said, “We are honored to be part of a visual representation of what Clara Barton’s legacy is,” and the Bluegrass, Kentucky, chapter said, “What a wonderful way to portray how her work has impacted all of those in need.”

If you are ever in the area, consider stopping in to visit the Clara Barton Birthplace Museum and look for the pin representing your local Red Cross. The museum is open by appointment on weekdays from October to May. During the months of June, July and August, the museum is open Friday to Sunday from 10 a.m. to 4 p.m., and in September, the museum is open on Saturdays from 10 a.m. to 4 p.m.

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**Lions, and Tigers and Teens! Oh My!**  
By Brian Pecchia, Day Camp Director

Do you remember the time we played that epic game of zombie tag? Or how about that time we competed over who could hold a headstand the longest? Maybe you will remember the songs that were sung and the s’mores that were eaten. If you are having trouble remembering any of this, then it is probably because you did not join our crew of talented teens at our Winter Camp program this past December.

Throughout the week, we had four days filled with as much fun as possible, with activities ranging from an epic game of rock, paper, scissors to gaga ball, and we even had a fight to the finish in our very own Barton hunger games.

Although we had fun active games during our campers’ stay here at the Barton Center, there were also moments in between the activities that are often taken for granted. When our campers come to Barton programs, it is often the only time they will be surrounded by individuals and groups alike who are just like them, who have come to gain the same experience of fun-filled activities and diabetes education. But what they do not realize is what they will experience between those moments, what they will experience in the morning getting ready or at night before lights out. For our campers, it is not only about having fun, but gaining new life experiences and learning how to manage life with type 1 diabetes. Each moment at camp is a story, a story you can’t read or find anywhere else. Campers, counselors and the health care team members are constantly discussing the trials and tribulations of life with type 1, telling their own stories, hearing others, as ways to help with the rough draft that is their diabetes management story. Diabetes is a challenging disease in every sense: physically, mentally and emotionally. Every day is a new struggle. You can never perfect diabetes management, only improve it. Having a community of people who understand the difficulties, make you feel like you’re not alone and also inspire you to improve your rough draft, is invaluable.

During our winter camp program, much like summer camp, we had a nutrition expert helping all of our campers, and some counselors, with their carb counting and bolus for meals. The benefits of having our nutritional expert extended beyond mealtimes as she brought competition and energy to learning through a life-size board game. Campers got to move across a “board” in a room from start to finish to see who would win. The amount of spaces your team got to move was dependent on how well you answered a question and how difficult the question was.

Besides the nutritional component, another crucial element of growing up with type 1 diabetes is knowing how to manage it through those teenage years and in college. That is where our experts stepped in. We had an afternoon discussing the responsibilities of managing diabetes on your own which included topics such as purchasing your own insulin and prescriptions, managing your own food, managing your own continuous glucose monitor, how to interpret nutrition labels and carb counting in a cafeteria where you do not have a nutrition expert at your disposal. These are all common, everyday living strategies that teens may take for granted sometimes until they have to do it themselves and who better to learn from than people who have experienced it firsthand and are there to help our Barton teens get through it. The importance of all of this is not only to manage diabetes responsibly but also to keep a positive mind and outlook on the situation at hand. It helps the teens realize that they are not the only one going through this.

Winter Camp is an amazing program; it helps teens start to think about their transition into adulthood and how their diabetes will change and impact their decisions. While this program helps prepare campers to become more independent, it reinforces the sense of community and reminds them that their camp support system will always be there for them for any challenge they come across. After all, while it is their story, it is always nice to have experienced eyes help you with your rough draft.
Summer Camp Nursing Positions Available

We have positions available for licensed nurses and student nurses at our summer resident camp program. The Health Care Team consists of licensed nurses, nursing students, a student dietitian, on-site physicians and nurse practitioners and other medical professionals.

Are you a licensed nurse or nursing student looking for a fun-filled, rewarding summer experience? The Barton Center could be the place for you! Diabetes knowledge is not required as we provide extensive training and support all summer. Meals and a semi-private room are included for resident camp programs.

We are looking for individuals who:

· Have a passion for working with children who live with type 1 diabetes
· Are detail oriented
· Have no problem working hard and playing hard
· Have at least one semester of clinical experience
· Have or are willing to obtain current first aid and CPR certification

If this sounds like you, please contact us for more information and get ready to have the experience of a lifetime! Please call Deborah Holtorf MPH, MSN, PNP, Health Services Director at 508-987-2056, Ext. 2010 or email deborah.holtorf@bartoncenter.org.

Summer Calendar 2016

ONLINE REGISTRATION IS AVAILABLE!
You can register for all programs, except the CIT Program, online at www.bartoncenter.org.

CLARA BARTON CAMP (Girls only, Ages 6-16)
Three-Week Session
Session 1 TW  June 26–July 15  (Ages 7-16)
Two-Week Sessions
Session 2  July 3–July 15
Session 3  July 17–July 29
Session 4  July 31–August 12
One-Week Sessions
Session 1 (WACKY*)  June 26–July 1
Session 4a  July 31–August 5
Session 4b  August 7–August 12

CAMP JOSLIN (Boys only, Ages 6-16)
Three-Week Session
Session 1 TW  June 26–July 15  (Ages 7-16)
Two-Week Sessions
Session 2  July 3–July 15
Session 3  July 17–July 29
Session 4  July 31–August 12
One-Week Sessions
Session 1 (WACKY*)  June 26–July 1
Session 4a  July 31–August 5
Session 4b  August 7–August 12

*WACKY Session—Campers can bring a sibling or friend who does not have diabetes with them to camp during this session.

ADVENTURE PROGRAM (Coed, Ages 13-18)
Limited to 12 campers
July 10–July 22
This trip is loaded with activities and destinations in New England. Activities may include rock climbing, camping, hiking, whitewater rafting, summiting high peaks, wind surfing and deep sea fishing.

VERMONT OVERNIGHT CAMP (Coed, Ages 6-16)
South Hero, VT  August 7–August 12
Barton will once again be teaming up with SLAMDiabetes to bring the fun and excitement of camp to kids in northern New England. The overnight camp program in Vermont was a huge hit with those attending in 2015! This program is just a short ride from Burlington, Vermont. Located on the spacious Camp Ta-Kum-Ta camp grounds, Barton campers will experience the outdoors, enjoy swimming, arts and crafts, and crazy camp games along with diabetes education! This program is financially supported by this founding sponsor: SLAMT1D, Inc. The Barton Center for Diabetes Education, Inc. is solely responsible for the actions of the Vermont Overnight Camp.

FAMILY CAMP (Coed, all ages)
Family Camp  August 14–August 18

BARTON DAY CAMPS (Coed, Ages 6-13 unless noted otherwise)
The Rainbow Club—Greenwich, CT (Ages 3-15)  June 27–July 1
Long Island 1—Old Westbury, NY (Ages 3-13)  July 11–July 15
Long Island 2—Old Westbury, NY (Ages 3-13)  July 18–July 22
Worcester—Clara Barton Camp  July 25–July 29

NEW Danvers Day Camp—Danvers, MA  Aug. 1—Aug. 5

CAMP OPEN HOUSES: The Open House program on April 17th is your opportunity to come to camp, meet camp directors, and ask questions about Clara Barton Camp, Camp Joslin, and Barton Day Camps. There will be an Open House for Long Island Day Camp at Holy Child Academy in Old Westbury, NY, on June 18th from 1 p.m. to 3 p.m.
Special Events Update

March 19, 2016  Annual St. Patrick’s Road Race/Walk
Walkers begin at 12:30 p.m. Runners begin at 1 p.m.
Sign up for this four-mile sanctioned event! All are welcome! Recruit family and friends to walk or run and raise money toward your camp fee or the general campership fund through pledges. This event at The Barton Center is followed by a buffet and prizes! For printable PDF registration forms including pledge sheets or to register online, go to our website at www.bartoncenter.org and click on Events. Simplify your fundraising by creating your own individual fundraising page on FirstGiving. For details to create your fundraising page, see our website. For more information, please call 508-987-2056, Ext. 2003 or email events@bartoncenter.org.

April 23, 2016  Spring Tasting
Join us at our 2nd Annual Spring Tasting at the beautiful Blissful Meadows Golf Club in Uxbridge, MA. A variety of wine, beer and liquor vendors will be available for tastings. There will be music, cash bar, light appetizers and a raffle. For more information or tickets, please visit our website, call 508-987-2056, Ext. 2003 or email events@bartoncenter.org.

May 7, 2016  Spring Work Day at Clara Barton Camp and Camp Joslin
9 a.m.—3 p.m.
Come lend a helping hand to prepare camp facilities for the summer. Campers can raise campership money for their camp fee by collecting pledges for their hours worked. Lunch is provided. To register online, go to www.bartoncenter.org and click on Registration Forms for the link. For printable PDF forms including pledge sheets, click on Events. For more information, please call 508-987-2056, Ext. 2003 or email events@bartoncenter.org.

May 14, 2016  SLAMDIABETES™ Barton Classic
Wiffle Ball Tournament
Begins at 9 a.m.
All are welcome! Come enjoy a fun day at Camp Joslin with your family and cheer on your favorite team. There will be children’s activities as well as food vendors. For team or sponsorship information, please call 508-987-2056, Ext. 2003 or email events@bartoncenter.org. You may also visit our website at www.bartoncenter.org and click on Events.

June 12, 2016  Cruisin’ Benefit Car Show
9 a.m.—1 p.m.
The Hot Heads Car Club of Oxford, MA, is hosting its 3rd Annual Benefit Car Show at Singletary Rod & Gun Club, 300 Sutton Avenue, Oxford, MA, (Exit 4 off Rt. 395). All proceeds from the event will be donated to The Barton Center! Spectators are FREE! The event includes a live DJ, 50/50 raffle and table raffle. For more information, please visit our website, call 508-987-2056, Ext. 2003 or email events@bartoncenter.org.

June 17, 2016  21st Annual Clara Barton Open Golf Tournament
Shotgun Start 8:30 a.m.
Hosted by the Oxford Lions, this annual event is always a lot of fun complete with contests, raffles, prizes and lunch! The event will be held at Pine Ridge Golf Club in North Oxford, MA. For a registration form, please go to our website at www.bartoncenter.org and click on Events or call 508-987-2056, Ext. 2003.

July 23, 2016  Lions Appreciation Dinner & Campfire
Calling all Lions—this day is for you! This special thank you begins at 4 p.m. Bring the entire family and spend a relaxing afternoon at Camp Joslin in Charlton, MA. Join staff and campers for dinner, tour and a campfire ceremony. Please RSVP by calling 508-987-2056, Ext. 2003 or email events@bartoncenter.org.

August 6, 2016  Camp Joslin Alumni Day
11 a.m.—3 p.m.
Come join the fun and catch up with camp friends at Camp Joslin. Family and friends are welcome. The day includes tours, lunch and activities. Please RSVP by July 22nd by calling 508-987-2056, Ext. 2003 or emailing events@bartoncenter.org. In 2017, there will be an alumni day at Clara Barton Camp.

October 29, 2016  Annual Auction
6 p.m.—10 p.m.
SAVE THE DATE to join us at the Penta Dining Hall at Camp Joslin in Charlton for our annual auction. The evening features silent & live auctions, appetizers, dinner and desserts. For more information, please call 508-987-2056, Ext. 2003 or email events@bartoncenter.org.

CLARA BARTON BIRTHPLACE MUSEUM

The museum is open from June to September. June 1st to August 31st, the museum is open Friday thru Sunday from 10 a.m. to 4 p.m. In September, the museum is open Saturdays only from 10 a.m. to 4 p.m. Tours are also available by appointment. From October to May, the museum is only open weekdays by appointment.

For more information about the museum, visit our website at www.clarabartonbirthplace.org or call 508-987-2056, Ext. 2013.

the barton Spirit! newsletter of
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