



Barton Day Camp Handbook



2019

The Rainbow Club ♦ Long Island
Worcester ♦ Danvers



30 Ennis Road, P.O. Box 356
North Oxford, MA 01537
508-987-2056



Dear Camper Families,

Welcome to the Barton Day Camp Handbook. This book is designed to provide you with important information needed to help make your child's day camp experience a success. We are ramping up for an exciting program this summer. Shorts and camp t-shirts here we come! Our goal is for your child to have the best summer experience possible by meeting other kids with diabetes as well as learning how to live well with diabetes!

The Barton Center for Diabetes Education, Inc. is accredited by the American Camp Association and by all local Departments of Public Health. Day campers attending our programs at Danvers, Greenwich, Worcester, and Long Island will enjoy the summer sun with our fabulous staff. Many of our summer staff are former Barton Center campers themselves, and they join the counseling staff in order to share their personal experiences, camp spirit, and creative ideas with our campers and families.

Camp songs will echo as campers prepare for fun-filled days ahead. Here is a sampling of some of the activities your camper will be doing: music, sports, arts and crafts, nature, camp games, and diabetes education. They will also enjoy spending time with new and old friends.

We can't wait to make this summer an awesome experience for both you and your child. Please feel free to contact us with any questions or concerns at 508-987-2056, Ext. 2000 or by e-mail at info@bartoncenter.org.

Best Regards,

The Barton Center Staff

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Questions? Concerns?

If you need further information, please contact us.

Program Related questions:

Camp Registrar, 508-987-2056, Ext. 2000 or email info@bartoncenter.org and your call will be directed to the correct person

Health Related questions:

Kendra Magyar, Health Services Director, 508-987-2056, Ext. 2010 or email kendra.magyar@bartoncenter.org

Financial questions:

Sadie Vivencio, Finance Director, 508-987-2056, Ext. 2007

Concerns:

If you don't feel comfortable reaching out to the Director or Health Services Director with a concern, please feel free to reach out to Lynn Butler-Dinunno, Executive Director, 508-987-2056.

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Forms To Be Returned

Keep track of the forms you have returned by checking the boxes below, once they are complete:

- Authorization to Release form must be filled out and returned.
- Overnight Permission Form (Rainbow Club and Worcester—must be returned even if your child will not be attending)
- Primary Health Care Provider Approval Form, Physical Exam, and Immunizations. **Please return 2 weeks prior to start of camp session.**
- Copy of camper's insurance card and prescription card
- Current Insulin Plan (May be returned on opening day of camp)
(If using sliding scale for insulin dose, please complete this form. **PLEASE NOTE: Physician Signature required.**)
- Camper Handbook Agreement—Parent Signature Required
- Authorization to Administer Medication
Must be completed for **each medication camper will be taking at camp including insulin** and **signed by a physician**. Return this form **NO LATER than 2 weeks before the session begins**. Please make copies as appropriate.



Sample Daily Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:30–9:00AM	Camper sign in—Activity-Beads/Gimp/Coloring	Camper sign in—Activity-Beads/Gimp/Coloring	Camper sign in—Activity-Beads/Gimp/Coloring	Camper sign in—Activity-Beads/Gimp/Coloring	Camper sign in—Activity-Beads/Gimp/Coloring
9:00 – 9:20AM	Morning Announcements	Morning Announcements	Morning Announcements	Morning Announcements	Morning Announcements
9:20 – 10:00AM	Active 1	Active 1	Active 1	Active 1	Active 1
10:00–10:45AM	Active 2	Active 2	Active 2	Active 2	Active 2
10:45–11:00AM	BGM	BGM	BGM	BGM	BGM
11:00–11:45AM	Lunch	Lunch	Lunch	Lunch	Lunch
11:45AM –1:00PM	Less Active	Less Active	Less Active	Less Active	Less Active
1:00–2:00PM	Water Activities	Water Activities	Water Activities	Water Activities	Water Activities
2:00–2:30PM	BGM/Snack	BGM/Snack	BGM/Snack	BGM/Snack	BGM/Snack
2:30 – 3:00PM	Music	Music	Music	Music	Music
3:00 – 3:40PM	Active 3	Active 3	Active 3	Active 3	Active 3
3:40–4:00PM	Camper Announcements and Dismissal	Camper Announcements and Dismissal	Camper Announcements and Dismissal	Camper Announcements and Dismissal	Camper Announcements and Dismissal

*** Please note that the above-listed activities and times are just to give you a brief idea as to how the day flows. Camp times, themes, and activities vary upon camp locations!

From Route 95

From 95 South, take Exit 50 for Route 1 South to the Route 62 East, Danvers exit. From 95 North, take exit 49. Turn right at the end of the exit ramp onto Route 62. Now take the first left onto Nichols Street. Bear right onto Spring Street. Go to the top of the hill to the corner of Spring and Summer streets and turn left. Follow the parking signs.

From Route 128 North

Take Exit 22W (Route 62, Middleton). Turn right at the light onto Route 62W. Follow Route 62 for about 1.5 miles through two sets of lights. After the second light, take the third right onto Summer Street. Go about a half mile up Summer Street to the flashing yellow light. Follow the parking signs.

From Route 128 South

Take Exit 22W (Route 62, Middleton). Follow Route 62 for about 1.5 miles through two sets of lights. After the second light, take the third right onto Summer Street. Go about a half mile up Summer Street to the flashing yellow light. Follow the parking signs.

From Route 495

Take Route 114 East. Follow Route 114 to the center of Middleton. Turn left at the Exxon gas station onto Route 62. Follow Route 62 past Route 1 and Route 95. Take the first left after the Route 95 overpass, onto Nichols Street. Bear right onto Spring Street. Go to the top of the hill to the corner of Spring and Summer streets and turn left. Follow the parking signs.

Drop Off/Pick Up is in the main lobby of **Brother Benjamin Hall** (Middle School) which is located at the intersection of Spring and Summer Streets.

Barton Day Camp Worcester

DIRECTIONS TO CLARA BARTON CAMP

60 Clara Barton Road, North Oxford, MA



From Boston:

Take the Mass Pike West to the AUBURN exit (#10).

**After the tollbooths, take the ramp on the right marked Route 12 South. Follow Route 12 South through five sets of traffic lights. Bear left at the sixth set of lights (by Wal-Mart and Cumberland Farms).

++ Proceed 1.2 miles. You will pass St. Ann's Church on your left. Shortly after St. Ann's, CLARA BARTON ROAD will be on your right. Turn right onto Clara Barton Road and proceed .7 miles. The George and Marie Chabot Health and Education Center parking lot will be on your right. (Approximately 1 hour from Boston with no traffic.)

From Springfield and West:

Take Mass. Pike East to the AUBURN exit (#10), and follow directions above, from the asterisk (**). (Approximately 50 minutes from Springfield with no traffic.)

From Hartford:

Take Route 84 East into Mass. Take exit for Route 20 East (Worcester). Proceed on Route 20 through seven traffic lights. (You will be on Route 20 for about 10.5 miles). At the eighth light, (next to a Shell gas station) turn right onto Route 56 South. Bear right onto ENNIS RD. At the first stop sign, turn left. The George and Marie Chabot Health and Education Center is on your left. (Approximately 1 hour from Hartford with no traffic.)

From New York City:

Take Route 95 North to Route 91 North to Route 84 East. Follow directions from Hartford.

From Westchester/Putnam County Area:

Take Route 684 North to Route 84 East. Follow directions from Hartford. (Approximately 2.5 to 3 hours from NYC area with no traffic.)

From Worcester:

Take Route 290 West to Route 20 West (the first exit after the Mass Pike). Take Route 20 through five traffic lights. At the sixth light, take a left onto Route 12 South (by Wal-Mart and Cumberland Farms). Follow directions from Boston, beginning with the plus signs (++). (Approximately 20 minutes from Worcester with no traffic.)

From Providence:

Take Route 146 North. Take exit marked Central Turnpike. At the end of the ramp, turn left. Proceed for approximately 10 minutes crossing over Route 395 to Oxford Center. At the first traffic light, take a right. This is Route 12 North, proceed for approximately 3 miles. Take a left onto CLARA BARTON ROAD (watch for the sign for Clara Barton Birthplace and North Oxford Carpet Mills). Proceed .7 miles to the top of the hill. The Health and Education Center will be on your right. (Approximately 50 minutes from Providence with no traffic.)

Code of Conduct

To ensure that every camper has a **positive** experience at camp this summer, please review this Code of Conduct with your camper. Campers and parents are required to sign the separate sheet entitled Camper Handbook Agreement, agreeing to follow the guidelines developed for Day Camp. Parents/guardians and the camper must realize that any behavior deemed by the camp director to be inappropriate and/or unmanageable may result in any or all of the Following:

1. **Meeting directly with the director, assistant director, or counselor to discuss behavior.**
2. **Not being allowed to participate in a certain camp activity.**
3. **A telephone call home to the parents/guardians to develop a behavior management plan.**
4. **Being dismissed from a camp program.**

I WILL:

- Wear shoes and socks at all times, (flip flops/water shoes may be worn to go to/from the waterfront).
- Be on time for all camp activities.
- Follow the Buddy System and always have another camper with me when going to or from activities.
- Tell my counselors when and where I am going, when I have returned, and not go anywhere else.
- Stay with my group during all activities.
- Put all litter in the trash can and pick up after myself, and not vandalize camp property.
- Dispose of my syringes, pen needles, infusion sets, CGM sensors, and lancets in provided sharps containers.
- Follow the directions given to me by both my counselors and health care staff.
- Ask questions of my counselors and the health care staff regarding my insulin doses and my diabetes care.
- Respect differences in other people, make an effort to include everyone in the group, and refrain from behavior that may hurt another camper's or staff member's feelings.
- Respect the property of others.
- Report teasing/bullying to my counselors or another staff member.
- Ask my counselor for assistance if I need help to resolve a problem.
- Let my counselor know if I am not having a good time or another camper is affecting my stay at camp.
- Try to be a friend to all.
- Have lots of FUN and a GREAT time!

I WILL NOT:

- Use hurtful language, derogatory terms or offensive language when talking to or about any other person.
- Threaten, tease or bully any other person in any way.
- Lie to my counselors, other staff, or other campers regarding my behavior or someone else's.
- Bring any kind of weapon, explosive/ammunition/fireworks onto camp property.
- Use or be near the waterfront unless a counselor is with me and I have permission.
- Cross the street without a staff member present.
- Bring any candy, food, insulin, or money to camp.
- Bring any electronic equipment unrelated to my diabetes management to camp.
- Bring my cell phone unless it is used with my CGM device for my diabetes management.
- I will not use my cell phone for anything other than my diabetes management. This includes taking photos, texting, social media, internet access, and phone calls.
- Bring cigarettes, nicotine delivery systems, or illegal substances to camp, and I promise not to engage in, or be associated with anyone smoking, using nicotine delivery systems, or using illegal substances at camp. I will inform my counselors or the Director if I become aware of anyone engaged in these activities.
- Use foul language or gestures.
- Leave camp property unless on a supervised trip.
- Fight (using words or hands), and I will ask my counselor for assistance if I need help to resolve a problem.
- Take any medication including insulin unless I am directly supervised by appropriate camp staff—this includes self-bolusing even if I am allowed to do so at home.
- Steal or damage other people's property.



THE RAINBOW CLUB

INFORMATION FOR PARENTS/GUARDIANS

Camp Times

The Rainbow Club begins at 9:00 AM and ends at 4:00 PM.

Camp Drop-Off Time and Location

Camp drop-off time is between 8:30 AM and 9:00 AM at the Round Hill Community House. All Parents are **REQUIRED** to sign their campers in and out at drop off and pick up.

Camp Pick-Up Time

You should expect to pick up your child at 4:00 PM. Please do not arrive early; this disrupts the end of the day routine and dismissal. **Friday dismissal is at 3:00 PM after the festivities.**

Rainbow Club Overnight

The overnight will be held on Thursday, June 27th, 2019. The overnight is for campers ages 6 and up. There is a stay-over option for campers not wanting to sleep over (pick up at 9 pm). Please choose an option on the permission form (includes not attending) and return the permission form prior to the overnight stay.

Lunch

Please pack lunch each day for your camper. **PLEASE DO NOT PACK ANY FOODS CONTAINING NUTS.** If your child is carbohydrate counting, please include a separate sheet listing the carb amounts in your child's lunch. This will make insulin administration more efficient. Thank you!

Snacks

A snack is provided each day. This includes gluten free snacks for our campers with celiac disease. Snack amounts vary between 15g and 22g of carbohydrates. Please notify the nurse if snack amounts differ from your child's normal amount. We want to make sure your child is getting enough to eat. If your child does not like our snacks or you would like to provide snacks for your child, please feel free to do so.

Swimming

There is plenty of water fun at this program, although there is no swimming pool at this camp location.

Attendance

If your child is sick or not going to be at camp, please notify the Director by 8:30 AM on the Day Camp Cell Phone: 508-523-5794.

Dismissal

If you need to pick up your child early from camp, please notify the Director, in writing or on the Day Camp Cell Phone at: 508-523-5794. Please DO NOT tell counselors or nurses at check-in.

Rainbow Club Closing Friday

Friday is our **FAMILY PICNIC!** This is a great afternoon of fun for the ENTIRE family. It is a great way to meet your camper's new friends and their families! Bring a blanket, pack a lunch, bring your running shoes, and join us at 12:00 for an afternoon of fun! The afternoon runs from 12:00 – 3:00 PM.

From Points East of Old Westbury:

Take Exit 39 South (Glen Cove Road).

Stay on the service toad heading east until you reach Post Road.

Make a left on Post Road, going under the LIE.

Immediately, make another left.

You are now on Store Hill Road (North Service Road of LIE heading west).

School entrance is .8 mile ahead on the right.

From Points West of Old Westbury:

Take Exit 40 Jericho Turnpike to Post Road (1.8 miles).

North on Post Road, go under the LIE, make left onto Store Hill Road (North Service Road of LIE heading west).

School entrance is .8 mile ahead on the right.



The Rainbow Club

DIRECTIONS TO ROUND HILL COMMUNITY HOUSE

397 Round Hill Road, Greenwich, CT



From the South or NYC

Via I-95 North:

1. Take I-95N to exit 3 and at the end of the ramp go left.
2. Go through 2 traffic lights.
3. Make a left onto Soundview Drive.
4. Go to the top of the hill and make a right onto Field Point Road.
5. Stay on Field Point Road, pass town hall, which will take you through 3 lights.
6. Cross US Route 1 (Post Road).
7. When you reach the rotary, take the 2nd road, which is Lake Avenue.
8. Go 1.2 miles and make a left onto Round Hill Road.
9. Go 3.9 miles, pass Merritt Parkway, and pass the gasoline station and store.
The Community House is on the right side.

Via Merritt Parkway going North:

1. The Hutchinson River Parkway turns into the Merritt Parkway on the state line going north.
2. Take exit 28, Round Hill Road (Make sure that this is after you are in Connecticut because, there is also an exit 28 in New York which you will go past).
3. Make a left at the top of the ramp.
The Community House is one mile up the road on the right side.

Via 684 going North:

1. Take 684N to exit 3N, Armonk.
2. Continue off ramp to the right going north on Route 22.
3. Go 1/2 mile to Riversville Road.
4. Make a right and go 2.6 miles to John Street.
5. Make a left onto John Street and take to the end (1.4 miles).
6. Bear right onto Round Hill Road.
The Community House is 1/2 mile up the road on the left side.

From the North

Via I-95 South:

1. Take I-95S to exit 3 and at the end of the ramp go right.
2. Go through 2 traffic lights.
3. Make a left onto Soundview Drive.
4. Go to the top of the hill and make a right onto Field Point Road.
5. Stay on Field Point Road, pass town hall, which will take you through 3 lights.
6. Cross US Route 1 (Post Road).
7. When you reach the rotary, take the 2nd road, which is Lake Avenue.
8. Go 1.2 miles and make a left onto Round Hill Road.
9. Go 3.9 miles, pass Merritt Parkway, and pass the gasoline station and store.
The Community House is on the right side.

Via Merritt Parkway South:

1. Take the Merritt Parkway south to exit 28, Round Hill Road.
2. Make a right at the ramp.
The Community House is one mile up the road on the right side.

Via 684 South:

1. Take 684N to exit 3N, Armonk.
2. Continue off ramp to the left going north on Route 22.
3. Go 1/2 mile to Riversville Road.
4. Make a right and go 2.6 miles to John Street.
5. Make a left onto John Street and take to the end (1.4 miles).
6. Bear right onto Round Hill Road.
The Community House is 1/2 mile up the road on the left side.

LONG ISLAND

INFORMATION FOR PARENTS/GUARDIANS

Camp Times

Barton Day Camp begins at 9:00 AM and ends at 4:00 PM. All Parents/Guardians are **REQUIRED** to sign their campers in and out at drop-off and pick-up.

Camp Drop-Off Time and Location

Camp drop-off time is between 8:30AM and 8:45 AM. Campers must be dropped off in the first half circular driveway on the right. Camp Staff will be at the bus circle to sign in your campers. After signing in, you may park here and walk your camper into the building to meet with your nurse on opening day.

Camp Pick-Up Time and Location

You should pick up your child between 4:00 and 4:15 PM. Camp Staff will walk campers to bus circle for dismissal, please wait for campers here. **Please do not arrive early; this disrupts the end of the day routine. Friday dismissal is at 3:00 PM after the festivities.**

Lunch

Please pack lunch each day for your camper. **PLEASE DO NOT PACK ANY FOODS CONTAINING NUTS. Please pack a non-perishable lunch (we are unable to provide refrigeration for food).** Please do not pack foods that need to be cooked/heated up. If you send a hot lunch, please send it in a thermos. Also if your child is carbohydrate counting, please include a separate sheet listing the carb amounts in your child's lunch. This will make insulin administration more efficient. Thank you!

Snacks

A snack is provided each day. This includes gluten free snacks for our campers with celiac disease. Snack amounts vary between 15g and 22g of carbohydrates. Please notify the nurse if snack amounts differ from your child's normal amount. We want to make sure your child is getting enough to eat. If you would like to provide your own snack for your child, feel free!

Attendance

If your child is sick or not going to be at camp, please notify the Director by 8:30 AM on the Day Camp Cell Phone: 508-523-5794.

Dismissal

If you need to pick up your child early from camp, please notify the Director in writing or by cell phone at: 508-523-5794. Please DO NOT tell counselors or nurses at check-in.

Swimming

A free swim period is offered at our Long Island day camp. All campers are encouraged to swim. All campers and staff must pass a swim test and in order to swim in the deep end of the pool. Campers and staff must wear colored bracelets to identify their swim level when in the pool area.

Closing Friday

Friday is our FAMILY PICNIC! This is a great afternoon of fun for the ENTIRE family. It is a great way to meet your camper's new friends and their families! Bring a blanket, pack a lunch, bring your running shoes, and join us at 12:00 PM for an afternoon of fun! The afternoon runs from 12:00 PM-3:00 PM.

WORCESTER

INFORMATION FOR PARENTS/GUARDIANS

Camp Times

Barton Day Camp begins at 9:00 AM and ends at 4:00 PM. All Parents are **REQUIRED** to sign their campers in and out at drop off and pick up.

Camp Drop-Off Time and Location

Camp drop-off time is between 8:30 AM and 9:00 AM. We will meet at the picnic table near the day camp cabin.

Camp Pick-Up Time and Location

You should pick up your child at 4:00 PM. Pick up is at the day camp cabin. Please do not arrive early; this disrupts the end of the day routine and dismissal. **Friday dismissal is at 3:00 PM after the festivities.**

Lunch

Please pack lunch each day for your camper. **PLEASE DO NOT PACK ANY FOODS CONTAINING NUTS.** If your child is carbohydrate counting, please include a separate sheet listing the carb amounts in your child's lunch. This will make insulin administration more efficient. Thank you!

Snacks

A snack is provided each day. This includes gluten free snacks for our campers with celiac disease. Snack amounts vary between 15g and 22g of carbohydrates. Please notify the nurse if snack amounts differ from your child's normal amount. We want to make sure your child is getting enough to eat.

Day Camp Field Trip and Overnight

The overnight will be on Thursday, July 18th, 2019. The overnight is open to all campers. There is also a stay-over option (pick up at 9 PM). Please choose an option on the permission form (includes not attending) and return the permission form two weeks before camp begins. Our field trip to Camp Joslin will be on July 17th, 2019. We ask that you drop your child off and pick your child up at Camp Joslin on this day (150 Richardson Corner Road, Charlton).

Attendance

If your child is sick or not going to be at camp, please notify the Director by 8:30 AM on the Day Camp Cell Phone: 508-523-5794.

Dismissal

If you need to pick up your child early from camp, please notify the Director in writing or by cell phone at: 508-523-5794. Please **DO NOT** tell counselors or nurses at check-in.

Swimming

All campers and staff must take a swim test to swim in the pool/pond. Campers and staff must wear colored bracelets to identify their swim level when in the pool/pond area.

Closing Friday

Friday is our FAMILY PICNIC! This is a great afternoon of fun for the ENTIRE family. It is a great way to meet your camper's new friends and their families! Bring a blanket, pack a lunch, bring your running shoes, and join us at 12:00 for an afternoon of fun! The afternoon runs from 12:00 – 3:00 PM.

Sharps Policy



- Blood glucose monitoring and insulin administration is performed or supervised by the licensed nurse in designated areas.
- All used sharps (lancets, pen needles, syringes, infusion sets, and CGM sensors) are disposed of in an approved sharps container under the supervision of adult staff.
- Single use, self-retracting lancets are used at camp.
- Staff must be 18 years of age to assist with blood sugar checks.
- Personal protection equipment is provided by camp as needed.
- Biohazard waste is disposed of according to state and federal guidelines.



Medications

- Prescription medications must be in the original container with the pharmacy information, camper's name, drug name, dose, route, frequency, and ordering physician's name clearly labeled. (This includes meds being brought to camp for the sleepover.)
- Insulin is provided by camp.
- Over-the-counter medications must be kept in the original container with original label. Administration is according to labeled directions.
- Please complete an Authorization to Administer Medication to a Camper form for each medication, including insulin. This includes meds being brought for the sleepover.

All medications will be kept with the camp nurse assigned to your child including epinephrine auto-injectors. Please see the nurse if you need your camper's epinephrine auto-injector released to you at the end of each camp day.

Health Care Policies Summary

Health Forms: State law mandates that all campers and staff have a current health history and physical exam with immunizations on file. These forms need to be returned to camp **at least 2 weeks prior to arrival.**

Diabetes Management: Insulin, syringes and pen needles, glucose meters, strips, lancets, and low blood sugar treatment supplies including emergency glucagon are provided at camp. **Please do not bring these items.**

Personal injection devices such as 1/2 unit insulin pens and inject-ease devices may be brought from home. **Please label with child's name.**

Pump users **MUST** supply infusion sets, reservoirs/cartridges, and extra batteries. Please provide enough supplies for a daily site change. If a pump site becomes dislodged, we will change it promptly; however, we don't have enough time during the day to replace campers' CGM sensors.

Low blood sugar is treated with a fast-acting glucose source. In some circumstances defined by The Barton Center Medical Advisory Committee, low dose glucagon will be administered. High blood sugars will be managed by the home routine or by the on-site licensed nurse according to Barton Center protocols.

Continuous Glucose Monitoring: Campers and under-18 staff members using continuous glucose monitors are required to perform capillary blood glucose checks according to The Barton Center's protocols. Devices that share real-time blood glucose data with anyone who is not at camp must be disabled. Campers will only be allowed to use cell phones as receivers for their continuous glucose monitoring device.

Care of Mildly Ill or Injured Campers: Mildly ill campers and campers with mild injury are cared for by the on-site licensed nurse. In the event that there is a serious injury, vomiting, fever or an extended stay in the Health Care area, parents/guardians are notified and child must be picked up.

Emergency Medical Care: Health Care Team members maintain current First Aid Certification or its equivalent and are currently CPR certified at the level of Basic Life Support for the Healthcare Provider or above.

In the event that a camper requires emergency care, appropriate transportation to a designated facility will be arranged by the on-site licensed nurse, and the parents/guardians will be notified. Parents/guardians will be notified of chosen health care facility prior to the start of camp.

DANVERS

INFORMATION FOR PARENTS/GUARDIANS

Camp Times

Barton Day Camp begins at 9:00 AM and ends at 4:00 PM. All Parents are **REQUIRED** to sign their campers in and out at drop off and pick up.

Camp Drop-Off Time and Location

Camp drop-off time is between 8:30 AM and 9:00 AM. Drop off is in the main lobby of Brother Benjamin Hall which is the middle school. There is a parking lot near the building and the baseball field where you can park your car.

Camp Pick-Up Time

You should expect to pick up your child at 4:00 PM. Please do not arrive early; this disrupts the end of the day routine and dismissal. Please pick up your child in the main lobby of Brother Benjamin Hall. **Friday dismissal is at 3:00 PM after the festivities.**

Lunch

Please pack lunch each day for your camper. **PLEASE NO NUTS. Please pack a non-perishable lunch (meaning needs no refrigeration).** Also if your child is carbohydrate counting, please include a separate sheet listing the carb amounts in your child's lunch. This will make insulin times more efficient. Thank you!

Snacks

A snack is provided each day. This includes gluten free snacks for our campers with celiac disease. Snack amounts vary between 15g and 22g of carbohydrates. Please notify the nurse if snack amounts differ from your child's normal amount. We want to make sure your child is getting enough to eat.

Swimming

A free swim period is offered at our Danvers Day Camp. All campers and staff must take a swim test to swim in the pool. Campers and staff must wear colored bracelets to identify their swim level when in the pool area.

Attendance

If your child is sick or not going to be at camp, please notify the Director by 8:30 AM on the Day Camp Cell: 508-523-5794.

Dismissal

If you need to pick up your child early from camp, please notify the Director in writing or by cell phone at: 508-523-5794. Please DO NOT tell counselors or nurses at check-in.

Closing Friday

Friday is our FAMILY PICNIC at 12:00PM! This is a great afternoon of fun for the ENTIRE family. It is a great way to meet your camper's new friends and their families! Bring a blanket, pack a lunch, bring your running shoes, and join for an afternoon of fun! The afternoon runs from 12:00 – 3:00 PM.

WHAT YOU NEED TO KNOW

MORE INFORMATION FOR PARENTS AND GUARDIANS

FOR ALL CAMP LOCATIONS

WHAT YOUR CHILD SHOULD BRING TO CAMP

To be kept at camp:

A change of clothes in a Ziploc bag clearly labeled

To be kept in the backpack:

Extra pump supplies and batteries

Sweatshirt

Sunscreen and bug spray

If your child uses an insulin pen with half-unit dose markings, please send this pen to camp with your child. Camp does not have half-unit pens.

Please Label ALL Belongings!

Items Left At Camp:

Any items that are clearly labeled will be mailed home **at your expense**.

Items not labeled will be disposed of after one week of not being claimed.

WHAT YOUR CHILD SHOULD BRING TO CAMP DAILY

Lunch (**NO Nuts or meals that require heating or cooking**)

A bathing suit

Towel

Sunscreen/Bug spray

Daily Correspondence Sheet

REFILLABLE WATER BOTTLE

WHAT YOUR CHILD SHOULD WEAR TO CAMP DAILY

SWIMSUITS

**** Please come to camp with swimsuit under clothing ****

**Please send undergarments to change into after swim/water fun.

Shorts/Pants

T-shirt/Sweatshirt

Socks

Sneakers

***PLEASE DO NOT SEND YOUR CAMPERS TO CAMP IN SANDALS OR FLIP**

FLOPS*

SUNSCREEN– Please lather your campers up in lotion, we will reapply as needed.

WHAT YOU SHOULD “NOT” SEND TO CAMP

Cell phone—unless it is used with my CGM device for my diabetes management

Money

Ipods/Mp3 Players

Game boys, DS, PSP or other electronic devices

Candy

Meters

Lancets

Insulin

Syringes

Animals

Recording devices

MANDATED REPORTER

While working all staff members and volunteers of The Barton Center for Diabetes Education, Inc. are mandated reporters. Child protection policy available upon request.

Dear Parents and Guardians,

The Barton Center is committed to maintaining the health and well-being of your child while he or she is in our care. In order to accomplish that goal, we must have strong and open two-way communication regarding your child. We know that you want only what is best for your child, and we share that expectation.

MEDICAL: Under the direction of endocrinologists and advanced practitioners experienced in diabetes management, Day Camp programs are medically supervised by licensed nurses. They are responsible for diabetes management and health care needs of campers.

DIABETES MANAGEMENT: Children’s activity, diet, sleep patterns, and stress levels are different at camp than at home. The primary goal for glycemic control at camp is to avoid extremes in blood glucose levels. Each child’s blood glucose levels are reviewed daily. Adjustments to insulin plans will be recommended as needed to maintain safe and therapeutic glycemic control during the camp session.

CONTINUOUS GLUCOSE MONITORING: Campers and under-18 staff members using continuous glucose monitors are required to perform capillary blood glucose checks according to The Barton Center’s protocols. Devices that share real-time blood glucose data with anyone who is not at camp must be disabled. Campers will only be allowed to use cell phones as receivers for their continuous glucose monitoring device. Campers caught using phones for purposes other than diabetes management will have their phones confiscated. Although we will do our best to help campers keep track of their various devices, The Barton Center cannot be responsible for lost, drowned, or damaged phones, sensors, transmitters, and other bits of technology.

DIABETES SUPPLIES: We provide blood glucose meters, strips, insulin, and treatment for low blood glucose. Please provide any pump and/or CGM supplies your child will need, including extra infusion sets to account for increased activity leading to more frequent site changes. Campers using ½-unit insulin pens should bring these as well. We do supply the insulin cartridges for the ½-unit pens.

EDUCATION: Campers are taught to identify the impacts of nutrition, activity, stress, sleep and medication on their diabetes management. Younger campers collaborate with camp staff as they learn to play a greater role in balancing their lives with diabetes; older campers are encouraged to explore how diabetes affects them as members of the community. Our education strategy blends teachable moments and group sessions with camp counselors and health care team members.

BEHAVIOR: We expect that your child will have a wonderful experience at camp. However, behaviors that endanger self or others will not be accepted, and we may be forced to send your child home if such behavior cannot be controlled. Behaviors that may lead to dismissal from the camp program include actions dangerous to self or others, unsupervised insulin delivery, and uncontrolled disordered eating. Campers who give bolus insulin by means of an insulin pump without staff supervision will be taken off the pump and placed on injections. You will be notified if this occurs.

PARENTAL NOTIFICATION: It is the policy of The Barton Center to notify parents for the following:

- Behavioral problem
- Illness or injury requiring extended observation in the Health Care area
- Injury requiring more than simple first aid
- Hypoglycemia resulting in unconscious state or seizure
- Referral to an outside health care facility
- Medication error
- Pump malfunction
- Other situations as deemed necessary by the Director or Medical Providers