



THE BartonCenter

FOR DIABETES EDUCATION, INC.
Inspiring Children. Empowering Families.™



the barton *Spirit!* newsletter

SPRING 2008

The Dawn of a New Era or Just *Back to the Future?*

By Jonas Goldenberg, Executive Director

We have exciting news! On February 21, 2008, The Barton Center entered into an agreement with the Joslin Diabetes Center to assume the management and operations of the Elliott P. Joslin Camp for Children (Camp Joslin). As you read this article, I hope you will recognize the phenomenal opportunity ahead of us. Yesterday we were two separate organizations with outstanding, world-class reputations for providing educational and recreational programs for children and families facing the challenges of insulin-dependent diabetes. Today we have combined two like-minded organizations, two beautiful properties, two outstanding facilities, two awesome teams of employees (year-round and summer), and two organizations with a shared lineage. What shared lineage, you ask?

In 1932, Dr. Elliott P. Joslin and the Universalist Women joined forces to create The Clara Barton Birthplace Camp for children with diabetes in North Oxford, Massachusetts. In 1947, the enormous success of the "camp experiment" inspired Dr. Joslin to ask the Universalist Women to open another camp for boys in nearby Charlton, Massachusetts. The Universalist Women agreed to administer both programs while Dr. Joslin and his staff provided the medical coverage. The "Barton" camp for girls and "Joslin" camp for boys became the largest most recognized programs of their kind in the world.

Ultimately, the women's organization divested itself of the responsibility of the boys' camp, relinquishing control to the Joslin Diabetes Center of Boston in 1976. In 1985, the Clara Barton Camp for Girls with Diabetes, Inc. was formed to administer camp programs and the Clara Barton Birthplace Museum. In the following years, coed year-round programs, including eight school-year weekend programs, and seven week-long summer day camps in three states, New York, Connecticut, and Massachusetts, were developed for children and their families and friends. In 1998, to better reflect the mission and the nature of expanded year-round programming for boys, girls, and their families, the organization changed its name once again to The Barton Center for Diabetes Education, Inc.

Meanwhile Camp Joslin was thriving under the ownership of the Joslin Diabetes Center. For 31 years, the Joslin Diabetes Center has operated one of the most respected camps in the U.S. for boys with insulin-dependent diabetes. Over the years, Camp Joslin also began expanding

its programs to include both boys and girls; from its summer coed Wilderness Leadership and Counselor-in-Training programs to its popular Winter Camp and Life After High School programs. In fact, during the past two years, both Camp Joslin and Clara Barton Camp staff have collaborated to run the extremely successful Winter Camp program for teenage boys and girls which has been held at The Barton Center.



There you have it, an interwoven history of two camps and two diabetes education programs with a common heritage, similar missions, and steadily expanding services, including more and more coed programs. Two organizations coming full-circle; coming back together after 31 years.

So what's in store for The Barton Center, Clara Barton Camp, and Camp Joslin? The Barton Center will continue to operate its programs and services as it has for the past 75 years. Of course, the fulfillment of our mission will immediately be enhanced by the addition of nearly 350 boys and their families.

Now the answer to the burning question you've all been dying to ask. Yes. Summer resident camp programs will remain untouched! Clara Barton Camp will remain ALL GIRLS. Camp Joslin will remain ALL BOYS. Barton Day Camps will remain COED. Their traditions will continue. Boys will be boys, girls will be girls, and inter-camp dances will continue to be held every Tuesday night from the end of June through August. Everyone wins, especially the kids!

I hope you share in our excitement and will join us in celebration of our exciting news. As you read about all of our exciting programs in this newsletter, please consider a gift that will enable a child to benefit from one of the great camping programs that we offer. Each year, nearly 50% of our Resident and Day Camp participants apply and qualify for financial assistance. Your support helps a child benefit from a life-altering camping experience and learn to live a full life with diabetes.





Emily's Ride Farewell

In spite of the rain and dreary weather on September 9, 2007, motorcycle enthusiasts enjoyed a 60-mile poker run for the 10th and final Emily's Ride. Organizers and camper grandparents, Betty & Bob Dahrooge, along with their family and friends have raised thousands of dollars in their tireless efforts to support programs at The Barton Center over the years. In order to spend more of their retirement time in Florida and travel with family and friends, they announced to the crowd that 2007 would be their final year organizing the event. On behalf of The Barton Center trustees, staff, families and children we serve, thank you Betty and Bob for your years of dedication and commitment to children with diabetes. You will surely be missed—enjoy your well-deserved retirement!

Fall, Winter, Spring Programs Help Children Learn Diabetes Management Skills

One of the first Fall, Winter, Spring programs Barton offers after Summer Camp is our "Pipsqueaks to Popstars" weekend. This program is for campers ages one to ten and their families to come have fun at camp and learn about diabetes at the same time. Nine-year-old Kieran and his family joined us at this program last October. As a family new to diabetes, just being diagnosed in August 2007, Kieran and his family learned about our program from another family in their school system. The other family and their son Jonathan have attended Barton's Family Camp for the past two years and recommended that the two boys and their families attend the "Pipsqueaks to Popstars" weekend together.

It was clear from the start that Kieran was struggling to accept that he has diabetes, as is the case with many newly diagnosed children. BGMs (blood glucose monitoring) and injecting insulin were difficult times for the whole family. Together, Kieran's parents and the Barton staff tried many new, creative things to help him learn to accept and manage his diabetes.

As the weekend progressed, Kieran's attitude and spirit lifted! He seemed to grow more comfortable with the staff, but more importantly, with himself. He was even able to joke about his diabetes. Kieran and

Jonathan had such a good time that their parents signed them both up for our WACKY Weekend in November. Both sets of parents were nervous since it was the first time that their sons would be away from home alone since diagnosis, with someone else responsible for their diabetes management. Together the parents decided that Kieran and Jonathan would be going away to camp—alone—but together.



Jonathan left, and Kieran right

In November, when Kieran arrived at camp for WACKY Weekend, he had a huge smile on his face. He was bright and cheerful, and we could not believe he was the same boy who just months earlier arrived at Pipsqueaks to Popstars frustrated with the daily requirements of diabetes. When asked if Kieran's attitude

has changed, Kieran's mom said, "He is like a child you would not know! He always does his own BGM tests himself, unless he is asleep, then I do it. He has his shots without even arguing—compared to me having to sit on him. I am so proud of him, he is doing amazing! It's just the rest of us now who are still adjusting."

Without a doubt, this is the most rewarding thing about being a Barton staff member and/or program volunteer. We have the opportunity to see young boys and girls change and grow as they learn how to manage their diabetes. The change is so palpable, too. On week one, a camper might be putting up a fight when it's time to check her blood sugar. And we have witnessed that same camper less than a week later overcome her fear, and what's more, help her fellow camper negotiate that same obstacle!

The growth that can be seen in campers is a testament to Barton, the staff, volunteers, and the dedication of families who come to support their children. Without any one of these components, Barton would not have the impact that it does. We thank all of you for your participation and look forward to seeing you again soon!

Barton's Diamond Anniversary Celebration Packed Mechanics Hall

On Sunday, October 21, 2007, we celebrated our 75th anniversary at Mechanics Hall in Worcester. We were honored to have 2006 Nobel Prize Winner, Dr. Craig C. Mello, as our keynote speaker.

Despite the Red Sox—Yankees playoff game that evening, Mechanics Hall was packed with 300 patrons as we celebrated 75 years of helping children with diabetes.

The crowd enjoyed a special performance by longtime Barton campers Sarah Macdonald and Olivia Forshtay who sang "For Good" from *Wicked*. Another highlight of the evening was a spirited bidding exchange on a coveted auction item—a Budapest vacation at

the home of Barton Trustee Edit Mello and Dr. Craig Mello. Edit helped Auctioneer Dick Ferrucci create the bidding excitement.



Special thanks to: Diamond Sponsors



Ruby Sponsors



Barton's Little Camp That Could!

With about 40 campers and a dream that a day camp program would be embraced by families, **Barton Day Camp** is entering its ninth season. In the summer of 2000, Barton Day Camp started in two locations—Worcester and New York City. Today in 2008, we offer seven weeks of day camp at six great locations in Greenwich, Long Island, Worcester, Boston, Springfield, and New York City.

Barton Day Camp has served as a great introduction to diabetes camping for many families who are just not ready for the resident camp experience. Each year Barton Day Camp grows, and we hope that 2008 will be no different.

We have great themes planned this summer at our various camps including; the independence of our nation, adventure week where campers will challenge themselves beyond their limits, juggling, and exploring Manhattan. Barton Day Camp is a great experience for boys and girls of all ages. Whether it is as a camper, leader-in-training, or volunteer, Barton Day Camp would love to see you at camp this summer!

Resident Camps

Campers and families from both Camp Joslin and Clara Barton Camp often say that camp is the single most important experience that has helped them learn to live more effectively with diabetes—and it is due to the inspiration and empowerment that our programs provide! Resident camp programs at both Camp Joslin and Clara Barton Camp combine diabetes education and support, with fun, camping, sports, and recreation.

Resident summer programs at both Clara Barton Camp and Camp Joslin are filling up quickly. We are excited to begin the season and welcome new and returning campers for a camping experience filled with fun! For a list of sessions available, please see the back page.

Campers have been enjoying fun, memories, friendships, and education at Clara Barton Camp and Camp Joslin for years. Join the fun in 2008!



Adventures and Wilderness Camp 2008!

Adventure is about being daring, taking a chance, pushing yourself to the next level, and having an exciting experience, so it should be no surprise that when we were planning for 2008, we took all these ideas into account. This year The Barton Center is offering five Adventure/Wilderness Camp sessions. For two of the sessions, we are partnering with two different organizations which specialize in adventure to bring campers a great combination of diabetes management and adventure. The remaining three sessions will be wilderness adventures.

For one of our sessions, we will partner with Holyoke Rows, an adventure organization located in Holyoke, Massachusetts. Campers will travel through Massachusetts and Connecticut participating in sea kayaking and spelunking (cave exploration). They will learn the basics of sea kayaking and also



some more advanced tactics such as how to handle a capsized kayak. The two weeks will be split between kayaking and spelunking with nature appreciation, education, team-building, communication, and much more personal growth dispersed throughout.

During another session, we will partner with Courageous Sailing to give campers an adventure filled with sailing and service/leadership projects in Boston and at Barton. While in

Boston, campers will stay at the Mass College of Pharmacy and spend their days sailing on the Boston Harbor. The sailing program will conclude with an overnight at one of the harbor islands. After sailing concludes, campers will spend time increasing their communication, leadership, and teambuilding, through service projects and other activities in Boston as well as back at camp.

Three of our sessions are Wilderness Leadership trips heading to New Hampshire. We offer two backpacking trips—a longer or shorter backpacking trip—and a canoeing trip. While trekking through the wilderness, participants will face both physical and mental challenges as a team, develop leadership skills, and learn wilderness survival skills. They will also learn how to make more dramatic adjustments in their diabetes management programs while accommodating for significant changes in exercise.

JDRF Coffee to be Held at Barton

On Wednesday, April 2, 2008 at 6:30 p.m., The Barton Center will host a JDRF coffee at our Chabot Health & Education Center located at 60 Clara Barton Road in North Oxford, Massachusetts. The presenter for the evening will be Social Worker, Debbie Butler of Joslin, and the topic of the discussion will be "Coping with Diabetes Stressors." If you would like to attend, please RSVP to Danielle Eid at 508-987-2056, Ext. 201 or email danielle.eid@bartoncenter.org.

Calling All Nurses!

Nurses wanted for **Clara Barton Camp** and **Camp Joslin**. The Health Care Team consists of nurses, students, social worker, dietitian and on-site physicians. While preference is given to those committed to the full season, others will be considered for 2, 4, or 6 week commitments. Diabetes knowledge is not required as we provide extensive training and support all summer. Meals and a private/semi-private room are included. For information, call 508-987-2056 ext. 210, email info@bartoncenter.org, or visit our website at www.bartoncenter.org.

Family Insulin Pump Weekend

Many thanks to our exhibitors who attended pump weekend. Camper families appreciated speaking directly with representatives from the following companies:

Animas Corporation
Insulet Corporation
Disetronic Medical Systems
Medtronic MiniMed

Calendar 2008

Special Events Update

Registration forms are online at www.bartoncenter.org

LIFE AFTER HIGH SCHOOL PROGRAM—CAMP JOSLIN April 5-6, 2008 Coed, Ages 16-19

Learn techniques and tips from diabetes experts who have been through college with diabetes while staying healthy AND having a great time.

CAREGIVERS WEEKEND—THE BARTON CENTER April 11-13, 2008 Coed, All Ages

KIDS! Leave Mom and Dad at home and bring your grandparents, aunts, uncles, neighbors, babysitters, and siblings to camp to learn the basics of diabetes management.

FAMILY CAMP DAZE—CLARA BARTON CAMP FREE April 26, 2008 1-4 p.m. Coed, All Ages

Come check us out for the first time, or join us for a much needed dose of camp. Bring the whole family for some camp excitement!

CLARA BARTON CAMP

Resident Camp Sessions (girls only, Ages 6-16)

Session I	June 22–July 3
Session II	July 6–July 17
Session III	July 20–July 31
Session IV	August 3–August 14

Mini-Camp Sessions (girls only)

Mini A	June 22–June 26	(Ages 6-9)
Mini Teen A:	June 22–June 26	(Ages 13-16)
Mini B	June 29–July 3	(Ages 10-12)
Mini Teen B:	June 29–July 3	(Ages 13-16)
Mini C	July 6–July 10	(Ages 6-9)
Mini D	July 13–July 17	(Ages 10-12)
Mini E	July 20–July 24	(Ages 6-9)
Mini F	July 27–July 31	(Ages 10-12)
Mini G	August 3–August 7	(Ages 6-9)
Mini H	August 10–August 14	(Ages 10-12)

Family Camp (Coed, all ages)

Family Camp August 17–August 21

Adventure Camp (Coed, Ages 13-17)

Adventure I—Limit 10 campers July 6–July 17

Hiking, Caving & Kayaking Adventure

Adventure II—Limit 12 campers August 3–August 14

Sailing & City Adventure

Barton Day Camps (Coed) (Ages 6-12 unless noted otherwise)

Greenwich, CT— <i>The Rainbow Club</i> (Ages 3-15)	June 30–July 3
Long Island 1— <i>Roslyn, NY</i>	July 7–July 11
Long Island 2— <i>Roslyn, NY</i>	July 14–July 18
Worcester— <i>Clara Barton Camp</i>	July 21–July 25
Boston— <i>Mass College of Pharmacy</i>	July 28–August 1
Springfield— <i>Western New England College</i>	Aug. 4–Aug. 8
New York City— <i>Mt. Sinai/Barton Day Camp</i>	Aug. 11–Aug. 15

CAMP JOSLIN

Resident Camp Sessions (boys only, Ages 7-16)

Session 1	June 22–June 27
Session 2	June 29–July 11
Session 3	July 13–July 25
Session 4	July 27–August 8
Session 5	August 10–August 15

Wilderness Camp (coed, ages 15-18)

Wilderness Trip 1 (<i>Backpacking</i>)	July 13–July 17
Wilderness Trip 2 (<i>Canoeing</i>)	July 22–July 29
Wilderness Trip 3 (<i>Backpacking</i>)	August 2–August 9

CLARA BARTON BIRTHPLACE MUSEUM

Open May to October, 11 a.m. to 5 p.m. Wednesday—Sunday, or by appointment. School group tours are available to enhance a history curriculum.

March 15, 2008 1 p.m. Annual St. Patrick's Road Race/Walk

Recruit family and friends to walk or run in this four-mile sanctioned race and raise money toward your camp fee or the general campership fund through pledges. Funds you raise can be applied to your camp fee at either Clara Barton Camp or Camp Joslin. This event at The Barton Center is followed by a buffet and prizes! One registration fee will be waived for every \$75 in pledges you earn. To register or for pledge sheets, go to www.bartoncenter.org/news/events or call 508-987-2056, Ext. 103.

May 10, 2008 Clara Barton Camp Spring Work Day 9 a.m. to 3 p.m.

Come lend a helping hand to prepare camp facilities for the summer. Campers can raise campership money for their camp fee by collecting pledges for their hours worked. Lunch is provided. Please call 508-987-2056, Ext. 103 to register.

May 17 & 18, 2008 Camp Joslin Work-A-Thon 10 a.m. to 3 p.m.

Campers can earn all or a portion of their camp fee by helping prepare Camp Joslin for the summer. Campers collect pledges from sponsors. Bring a bag lunch—snacks and drinks will be provided. Please call 508-987-2056, Ext. 103.

June 2, 2008 Celebrity Diabetes Golf Outing—Fairfield, CT

The Barton Center continues the tradition at the beautiful Country Club of Fairfield, CT. For more information or registration and sponsor forms, please call Lynn Butler at 508-987-2056, Ext. 102 or email lynn.butler@bartoncenter.org.

June 20, 2008 The 13th Annual Clara Barton Open Golf Tournament

Hosted by the Oxford Lions, this annual event at the Heritage Club in Charlton, MA, is always a lot of fun complete with prizes and great food! For more information, please contact Carolyn Raffeymehr at 508-987-2056, Ext. 108.

June 27, 2008 The 15th Annual Robert J. Kenny Memorial Golf Tournament

This annual tournament is organized by Chris and Tim Kenny, their family and friends. Join them for 18 holes of golf, post-classic dinner party, and prizes at the Hampden Country Club in Hampden, MA. For information, registration, or sponsor forms, please visit www.kennyclassic.org.

July 20, 2008 Camp Joslin Alumni Day

This fun day at Camp Joslin will feature camp tours, lunch with campers, and great activities. Registration begins at 10:30 a.m. For more information, email ben.clements@bartoncenter.org.

July 26, 2008 Lions Appreciation Dinner & Campfire

Calling all Lions—this day is for you! Bring the entire family and spend a relaxing afternoon at Clara Barton Camp. Join staff and campers for dinner and campfire. This special thank you begins at 4 p.m. Please RSVP by calling 508-987-2056, Ext. 108. *Prize awarded to the club with the most participants.*

August 2008 The 10th Annual Great Golf Day (date to be determined)

This tournament is held at the Pembroke Country Club and features a day of golf, great food, comedian, raffle, and prizes. This event is held in memory of Shannon Hurley, and proceeds benefit the campership fund. For more information and date, please visit www.greatgolfdays.com or contact John Hurley at 508-269-4259.

August 23, 2008 Clara Barton Camp Alumni Day 11 a.m. to 3 p.m.

Come join the fun and catch up with camp friends. Family and friends are welcome. Lunch will be provided and the swimming pool will be open. The cost is \$10 per person (\$30 maximum per family), and children under 10 are free. Please RSVP by August 13th to Lynn Butler at 508-987-2056, Ext. 102 or email lynn.butler@bartoncenter.org.



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newsletter of

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